Because of the Lord's great love we are not consumed, for His compassions never fail.

They are new every morning; great is Your faithfulness.

Lamentations 3:22-23

Do you ever feel like some days you trip and get up only to fall down again? Or maybe it's not just a day of this, but more like a week? A month? Or even a whole season of get up, fall, get up, then fall again?

I think that's why I love this verse. It's a reminder that God's love for us keeps going. It never stops no matter how many times we fall. Every morning we are extended God's mercies and the opportunity to start over and work toward His will for our lives.

If God who is perfect forgives us, then who are we not to forgive ourselves? And if God gives us a fresh start over and over, then who are we not to give ourselves that same opportunity?

Too often, especially as women, we are so critical of ourselves that we forget we have a Heavenly Father who loves us and wants us to get up and keep going. We talk ourselves out of it. We use phrases like- you're a failure, you're not enough, everyone's judging you, when all we need to hear are the words God speaks to us-you are worthy, you are chosen, I forgive you.

So in this new year remember this - if God never gives up on us, then we should never give up on ourselves.

Janine Minassian

Women's Ministry Director





BUNCO FUN NIGHTI

Friday, February 10, 2023 6:30 – 8:00 p.m. Northpark Room 201

Cost: \$10

If you've never played Bunco, we've got you covered. It's a simple game that is sure to provide lots of laughs! We'll have dessert and prizes! Join the fun and invite a friend!

For more information, contact Kim Tatham at 559-900-5035. You can also register online at northparkchurch.org/women.

BIBLE STUDY

Wednesday Mornings February 1 – March 8, 2023 10:00 a.m.

Northpark Room 101

Cost: Free (No child care provided)

Bring your Bible, invite a friend, and join us for Bible study on 1,2 & 3 John.

This study is facilitated by Margarita Navarrette.

Find more information on our website at northparkchurch.org/women or contact the church office at 559-322-7200.

NEW BEGINNINGS

Saturday, February 18, 2023 10:30 a.m. at Northpark

Cost: \$15

This quarter, our meeting theme is, "When God Winks at You" - How God speaks directly to you through the power of coincidence. We'll enjoy amazing fellowship, worship, and the Word. Savor a 6-course Italian feast, goodies galore, and wild and crazy fun!

RSVP by Feb. 11 to Dar Rossi: 714-323-1124

Please bring donations for the Light House Recovery Program:

- Cleaning croducts
- · Costco toilet paper
- Powdered laundry soap
- Ground coffee or Keurig coffee pods

MOPS (Mothers of Preschoolers)

Various Mondays 9:30 - 11:30a.m. Northpark Room 202 Pre-registration is required

We would love to welcome you to our MOPS group! Register now at www.northparkchurch.org/MOPS.







9 TO 5 FOR CHRIST

Monday, February 13, 2023 6:00 – 8:00 p.m.

Northpark Community Church

Cost: First time guest \$18 Regular attendee \$20 Pay at the door \$22

This month we invite you to bring your "Valentines" (guys) or a friend to join in the fun!

We recommend and appreciate you making a reservation by the Friday prior to our meeting online at 9to5forchrist.com or by calling Penny at 559-349-1974.

For more information and future meeting dates and locations, visit www.9to5forchrist.org or contact Joyce Eden at 559-259-2468.

READ THROUGH THE BIBLE IN A YEAR

If you've ever wanted to read the entire Bible in a year, now is your chance! Experience God's Word each day using The Daily Walk Bible (NLT).

For more information, contact Donna Weber at 805-305-0229

WOMEN'S BEGINNER YOGA

Thursday Evenings through February 23 6:00 – 7:15 p.m.

Northpark Room 203

Cost: Free

All ages and skill levels are welcome!

Bring a yoga mat, water and any yoga props you want (blocks etc.) Some loaner items will be available if needed.

This class is facilitated by certified yoga instructor, Cheryl Tristan.

Space is limited, so please sign up in advance. You can register online at northparkchurch.org/women. You can also contact Cheryl with any questions or to register at 559-907-5303.



I will send down showers in their

Our 2022 women's retreat was such a special time. We laughed, we cried, we played, we worshipped, and we heard from the Lord! It was an unforgettable weekend at Calvin Crest Conference Center and we can't wait to return this October. Mark your calendar now because you won't want to miss it!



2022 RETREAT COMMENTS

"I really felt special receiving all of the special, personalized touches."

"Such a special time. Loved the worship."

"What an amazing 'production' by God." "Game night was epic."

Made me think, laugh, and know that God is in control and I need to let go."



2023 NORTHPARK WOMEN'S RETREAT AT CALVIN CREST October 6-8

Season SHOWERS Season Showers

E7EKIEL 34:26



NORTHPARK CAR SHOW
Saturday, June 3
10a.m.-2p.m.

2022 "Parkin' at Northpark" car show was a huge success, and our 2023 event is already shaping up to be even better! Do you, or someone you know, have an amazing car to show off? Do you sell crafts, jewelry, plants, bows, or some other fabulous item? We need you!

For more information about entering a car, participating as a vendor, becoming a sponsor, volunteering, or the event in general, please contact Janine Minassian @ 559-862-9393 or visit our website at northparkchurch.org/carshow.





Written by Julia Bettencourt



Edited by Jackie Brueckner

You can find related activities and other inspiration at juliabettencourt.com.

I've always loved those candy conversation hearts at Valentine's. The New England Confections Company, otherwise known as Necco, says that conversation hearts are the most popular of Valentine's candy. I read the history of the candy on the Necco website and it was quite interesting how the sayings being printed on the candy got started. Can you believe that the concept behind conversation hearts was started back when Abraham Lincoln was president?

I like the taste of those little hearts and it's one of those childhood candies that give sweet memories. I also like them to decorate cupcakes and cookies with. What I like best I guess is those little sayings. "Kiss me!" "Be Mine" "Be True". I know today they say a few different things than the ones I grew up with.

Did you know that God sends us conversation hearts too? The things He left in His Word were left for us because He loves us. Each conversation heart from God is sweet to the taste. We just don't sometimes read or pay attention to them.

Here are some of my favorites...

BE MINE - God wants us to accept His love.

For God so loved the world, that he gave his one and only Son, that whoever believes in him shall not perish, but have eternal life. John 3:16

ALL MINE - God loves us and will keep us.

My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they shall never perish; no one will snatch them out of my hand. My Father, who has given them to me, is greater than all; no one can snatch them out of my Father's hand. I and the Father are one. John 10:27-30

TRUE LOVE - God loves us with true love as only He can.

I have loved you, my people, with an everlasting love. With unfailing love I have drawn you to myself. Jeremiah 31:3

LOVE ME - God wants us to love Him.

Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and love your neighbor as yourself. Luke 10:27

I'M SURE - God's sure of His love and wants us to know we have a future with Him.

Don't let your hearts be troubled. Trust in God, and trust also in me. There is more than enough room in my Father's home. If this were not so, would I have told you that I am going to prepare a place for you? When everything is ready, I will come and get you, so that you will always be with me where I am. John 14:1-3

Conclusion:

There are more conversation hearts that the Lord left for us to see His love through. We just have to dig into His Word to find them.

