



Looking forward

Connections

A Quarterly Publication of Northpark Community Church Women's Ministry

WOMEN'S BEGINNER YOGA

Thursdays 6:00 – 7:15 p.m.
Resumes July 28, 2022
Room 104

All ages and skill levels are welcome! This class is facilitated by certified yoga instructor, Cheryl Tristan and is a great way to practice self-care through movement, breathing and balance. Bring a yoga mat, water and any yoga props you want (some loaner items will be available if needed). Space is limited, register online at northparkchurch.org/women or contact Cheryl at 559-907-5303.

MOPS REGISTRATION

2022-2023 Registration opens in August

Our Mothers of Preschoolers (MOPS) group meets September-May and is open to all moms with kids ages birth-5. Space is limited and pre-registration is required. We would love to welcome you to our MOPS group! Find more information at northparkchurch.org/MOPS.

WOMEN'S RETREAT

Friday - Sunday
October 14-16
Calvin Crest Conference Center
Oakhurst, CA

We are so excited to announce our Northpark Women's Spiritual Retreat! You are not going to want to miss this opportunity to meet Jesus in the mountains! Join us for incredible worship, rich teaching, fellowship, and fun. Registration will begin in September and space is limited. More details coming soon!

BIBLE STUDY

Wednesdays 10a.m.
Resumes September 14th
Room 101
Facilitated by Margarita
Navarette

Ladies, you are invited to join us for Bible study and prayer time. We'll be studying 1, 2, 3 John. Bring your Bible and invite a friend! For more information, contact the church office at 559-322-7200 or visit the website at northparkchurch.org/women.

HOLIDAY BOUTIQUE

Friday, November 4th
Saturday, November 5th
Northpark Worship Center

Save the dates! Our Holiday boutique will be here before you know it. It's an amazing event to attend, but it's also an incredible event to prepare for! Be on the lookout for opportunities to be involved with crafting, basket making, baking, setup, takedown, cashiering, and even crowd control! For more information, contact Janine Minassian at 559-862-9393.

WELL RESTED

When my kids were younger, summer was my favorite time of year. It was when all the chaos and crazy of the school year finally came to an end and we had a chance to recoup and have fun.

We lived in Southern California, so we made weekly trips to the beach, the zoo, or to the Museum of Natural History. We had a lot of fun, and then by the end of summer, I was more than ready for them to be back in school!

I think rest breaks like these are so very important to our physical and mental well-being. In Genesis 2:2-3 the Bible tells us that even God rested:

*By the seventh day God had finished the work he had been doing;
so on the seventh day he rested from all his work.
Then God blessed the seventh day and made it holy, because on it
he rested from all the work of creating that he had done.*

God shows us that rest is necessary - so necessary that even *He* rested and designated a holy day to observe this practice.

So this summer, whether you have school-age kids or you're like me and they have all grown, let's follow the example of the One who created all of this and take the time to be still and rest. Even if it's just some moments of quiet, you will find that when you return to the daily grind, you will be a much better you.

 **Janine**
Janine Minassian
Women's Ministry Director



Getting to know...

...9 to 5 FOR CHRIST

Sharing the Stories of Our Lives

Our hearts can relate to stories - stories that remind us of who we are and can be, or remind us of someone we care about that we wish a more joyful life for. It has been my privilege to hear over 120 stories from our amazing speakers in the decade-plus of being part of 9 to 5 for Christ. I started as an attendee, became part of the set-up crew, took on the Mistress of Ceremonies role, and in this past year I have been a co-chair. These stories have guided my life and created a safe place for me to invite friends and family who need to hear a story of how Jesus can change any life, including theirs. These stories have launched me into networks where I can go for help, and where I can help others I cross paths with to access needed services.

9 to 5 taps the faith-based talent of women from our community and brings us together to be refreshed once a month. When the ministry began, working women were the focused audience. Well, sisters, we are *all* working women, so the target audience is now all of us. The core belief of 9 to 5 has not changed: the message of Christ is the difference-maker in any "work" setting, both inside and outside the home.

The Covid-19 cloud sent many of us into working from home which escalated the need to hear stories, from our speakers and our table mates, about how we could sustain sanity and hope when crazy seemed to be running loose in all of the environments we needed to be in...school, hospitals, stores, repair shops, other people's homes, and yes, in our own homes.

I invite you to pick up a 9 to 5 bookmark from the Women's Ministry cart in the courtyard on a Sunday morning to see our exceptional lineup of speakers. You can also visit our 9-5 website at 9to5forchrist.com for more details. It will be your privilege to hear speakers, enjoy a wonderful catered meal, have fun with door prizes and vendor sales, and experience a time of prayer for what matters to you. See you on the second Monday of every month. I would love to meet you!

♥ Joyce

Joyce Eden
Co-chair 9 to 5 for Christ

Thank You!

NORTHPARK'S FIRST ANNUAL CAR SHOW

The results are in!

First off, I want to be sure to say thank you to each and every one of you for making this day go as smoothly as it did!! None of this could have happened if it weren't for all of you.

Here are some stats from the event:

- After all the expenses were deducted, we were able to raise \$3,600!! I think for our first time out, and considering the short time frame we had to plan, this is a very good total.
- We had 90 cars that registered and paid, 4 food vendors, and 14 craft vendors.
- We also had over 40 volunteers from Northpark women's ministry, men's ministry, and youth who came out to help!
- We didn't do a formal count of attendees, but I think it is safe to say that there were between 300-400 people in attendance throughout the day.

I think the most exciting part for me was seeing all the different people who attended this event. Many of the attendees were people who, by their own admission, would not set foot on a church campus, but were willing to show up for a car show. In doing so, we not only introduced them to Northpark, but to all the different ministries we support since each car registered was given a brochure about our different ministries.

God showed up in so many ways for this event, right down to the perfect weather! I'm looking forward to next year when we can take all that we did well, learn from the areas we need to improve upon, and then do it all over again!

-Janine

