EXODUS

REDEMPTION: THE STORY



WEDNESDAY NIGHT TEACHING Jim Rossi & Rebekah Townsend

WEEK 3 | EXODUS 11:1-15:21



NORTHPARKCHURCH.ORG/EXODUS

READINGS FOR WEDNESDAY NIGHT BIBLE STUDY

Please read the following section prior to the Wednesday night Bible study. This will prepare you for the study and group discussion.

You may read any version. Most of the studies will utilize the NLT and NIV.

THE BOOK OF EXODUS READINGS

Week 1	September 8	Exodus 1-4
Week 2	September 15	Exodus 5-10
Week 3	September 22	Exodus 11:1-15:21
Week 4	September 29	Exodus 15:22- 18:27
Week 5	October 6	Exodus 19-24
Week 6	October 13	Exodus 25-27; 30-31
Week 7	October 20	Exodus 28-29
Week 8	October 27	Exodus 32-40

Session 3A - One More Plague

King Yahweh (Ps. 95:3) \rightarrow to confront King Pharaoh \rightarrow another king \rightarrow death \rightarrow "king of terrors" (Job 18:14)

The last enemy \rightarrow death (1 Cor. 15:26) \rightarrow

In one night \rightarrow all the firstborn sons and all the firstborn livestock in Egypt would die (Ex. 11:6; 12:30)

Death → wouldn't visit the Hebrews and their livestock →

Passover → Israel's first national feast

I. PASSOVER AND THE EGYPTIANS (Ex. 11:1–10)

Egypt \rightarrow first six plagues \rightarrow

Land and possessions → devastated by the next two plagues

Ninth plague \rightarrow three days darkness \rightarrow set the stage for the most dreadful plague \rightarrow

Ps. 78:49

A. Moses heard God's word (Ex. 11:1–3)

Moses summoned to the palace \rightarrow (Ex. 10:24–29)

Moses' speech (Ex. 11:4–8) \rightarrow (Ex. 10:29; 11:8)

God told Moses \rightarrow one more plague to Egypt \rightarrow terrible

Pharaoh \rightarrow would drive them out \rightarrow (Ex. 6:1; see Ex. 12:31–32, 39)

Moses \rightarrow to the Hebrews \rightarrow collect their unpaid wages

 $God \rightarrow promised Abraham (Gen. 15:14) \rightarrow repeated promise to Moses (Ex. 3:21–22)$

 $God \rightarrow Moses respect among the Egyptians \rightarrow favor with the Egyptians \rightarrow (Ex. 12:36–37)$

B. Moses warned Pharaoh (Ex. 11:4–10)

Moses' final address to Pharaoh →

Pharaoh \rightarrow no fear of God \rightarrow

Firstborn sons special \rightarrow in Egypt \rightarrow sacred

 \rightarrow God \rightarrow calls Israel His firstborn son (Ex. 4:22; Jer. 31:9; Hos. 11:1).

How Pharaoh treated God's firstborn → determine how God treated Egypt's firstborn (Ex. 4:22–23)

Pharaoh \rightarrow tried to kill the Hebrew male babies \rightarrow

Compensation \rightarrow a fundamental law of life (Matt. 7:1–2) \rightarrow

Pharaoh \rightarrow drowned the Hebrew babies, \rightarrow God drowned Pharaoh's army (Ex. 14:26–31; 15:4–5)

Jacob \rightarrow lied to his father Isaac (Gen. 27:15–17) \rightarrow Jacob's sons lied to him (Gen. 37:31–35)

David \rightarrow committed adultery (2 Sam. 11) \rightarrow David's daughter \rightarrow raped \rightarrow two of his sons were murdered (2 Sam. 13; 18)

Haman \rightarrow built a gallows on which to hang Mordecai \rightarrow but it was Haman who was hanged there instead (Est. 7:7–10).

Gal. 6:7 \rightarrow Ps. 89:14 \rightarrow Gen. 18:2

We must experience a second birth \rightarrow a spiritual birth \rightarrow before God can accept us (John 1:12–13; 3:1–18)

Our first birth \rightarrow we inherit Adam's sinful nature and are lost (Ps. 51:5–6) \rightarrow second birth through faith in Christ \rightarrow we receive God's divine nature and are accepted in Christ (2 Peter 1:1–4; Gal. 4:6; Rom. 8:9)

Pharaoh and the Egyptian people →

Yahweh → humiliated the Egyptian gods and goddesses →

Eccl. 8:11

God's mercy →

Pharaoh's officials \rightarrow (Ex. 3; 8) \rightarrow Prov. 16:18

II. PASSOVER AND THE ISRAELITES (Ex. 12:1–28, 43–51)

Passover →

The words \rightarrow redeem or redemption \rightarrow New Testament \rightarrow freedom from slavery

Hebrew believers → Passover → Israel's deliverance

Passover → beginning of religious year → Passover → focus on the lamb

Gen. 22:7 → John 1:29

The Passover lamb \rightarrow Jesus Christ \rightarrow (Acts 8:32–35; Isa. 53:7–8) \rightarrow (1 Cor. 5:7) \rightarrow (1 Peter 1:18–20) \rightarrow (Rev. 5:5–6; 13:8)

A. The lamb was chosen and examined (Ex. 12:1–6a) \rightarrow

Jesus \rightarrow met all the requirements to be our Lamb \rightarrow Matt. 3:17

Jesus \rightarrow knew no sin (2 Cor. 5:21) \rightarrow did no sin (1 Peter 2:22) \rightarrow in Him there was no sin (1 John 3:5) \rightarrow the perfect Lamb of God

On the 14th of the month \rightarrow the lamb was slain (Ex. 12:6b-7, 12-13, 21-24) \rightarrow

Not life of the lamb that saved people from judgment \rightarrow death of the lamb \rightarrow Heb. 9:22; Lev. 17:11

Jesus \rightarrow death on the cross \rightarrow paid the price of our redemption (Matt. 20:28; 26:28; John 3:14–17; 10:11; Eph. 1:7; 1 Tim. 2:5–6; Heb. 9:28; Rev. 5:9)

Jesus \rightarrow our substitute \rightarrow (Isa. 53:4–6; 1 Peter 2:24)

Ex. 12:13 → John 3:16; 1 John 2:2

We must appropriate sacrifice for ourselves \rightarrow (Gal. 2:20) \rightarrow (Luke 1:46–47) \rightarrow Must be personal (John 20:28)

 $(Ex. 12:22) \rightarrow (Ex. 24:1-8) \rightarrow (Lev. 14:4, 6, 49, 51-52)$

B. The lamb roasted and eaten (Ex. 12:8–11, 46) \rightarrow

The meal \rightarrow the roasted lamb, unleavened bread, and bitter herbs \rightarrow

The lamb \rightarrow kept whole \rightarrow roasted in the fire \rightarrow not boiled in water

Bones not broken → (Ex. 12:46; John 19:31–37; Ps. 34:20)

We trust Christ →

1. With the lamb → ate bitter herbs and unleavened bread (Ex. 12:14–20, 39; 13:3–7)

(Ex. 16:3; 17:1–3; Num. 11:1–9; 14:1–5)

Bread \rightarrow unleavened \rightarrow (Ex. 12:39)

Yeast \rightarrow an image of sin \rightarrow (1 Cor. 4:18–5:2)

Jesus and Paul \rightarrow yeast \rightarrow hypocrisy \rightarrow sinful living (Matt. 16:6–12; Mark 8:15; Gal. 5:1–9) \rightarrow (Luke 12:1) \rightarrow (1 Cor. 5:6–8) Manna \rightarrow (Ex. 16:14–22)

C. They ate as families & as a congregation (Ex. 12:25–28; 13:8-10)

Hebrews in Goshen \rightarrow (Ex. 13:3, 6)

Paul \rightarrow (Eph. 2:21; 3:15; 4:16 NKJV)

Israel was one nation \rightarrow because of the blood of the lamb \rightarrow and the church is one fellowship because of Jesus Christ.

Passover supper \rightarrow an ordinance to be obeyed (Ex. 12:14, 17, 24, 43) \rightarrow a "memorial" \rightarrow celebrated to keep alive in Israel \rightarrow story of the exodus (Ex. 12:14; 13:8–10)

In later years \rightarrow orthodox Hebrews took Exodus 13:8–9 and 16 literally \rightarrow along with Deuteronomy 6:8–9 and 11:18.

Moses \rightarrow Passover \rightarrow "like a sign" (see Ex. 13:9) \rightarrow (Matt. 23:5)

Eating the feast \rightarrow was forbidden to those outside the covenant (Ex. 12:43–51) \rightarrow (Deut. 7:1–11)

III. PASSOVER AND THE LORD (Ex. 12:29–42, 51)

"The LORD's Passover" (Ex. 12:11, 27; Lev. 23:5; Num. 28:16)

The observance \rightarrow "unto the LORD" (Ex. 12:48; Num. 9:10, 14) \rightarrow (Ex. 12:27)

The focus of attention \rightarrow the Lord \rightarrow

A. God revealed His power (Ex. 12:29–30)

At midnight \rightarrow the Lord struck the firstborn \rightarrow (Ex. 11:6; 12:30)

Death → no respecter of persons →

The lesson \rightarrow

B. God kept His promises (Ex. 12:31–36)

God to Moses \rightarrow Moses to Pharaoh (Ex. 11:1–8) \rightarrow

Promises to Abraham (Gen. 15:13–14) \rightarrow 1 Kings 8:56

C. God delivered His people (Ex. 12:37–42, 51)

The Israelites out of Egypt \rightarrow (Num. 33:3–4)

600,000 Hebrew men → total number of Hebrews 2 million →

Like an army (Ex. 12:17, 51) \rightarrow quickly \rightarrow orderly

(Ps. 105:37-38)

 \rightarrow "a rabble of non-Israelites" \rightarrow "the mixed multitude" (NKJV) \rightarrow

Exodus 12:38 → a "swarm" or "multitude" → Numbers 11:4 → "rabble"

Others \rightarrow (Ex. 9:20) \rightarrow

Jesus warned → Matt. 7:21

Great multitudes followed Jesus \rightarrow not impressed \rightarrow (See Matthew 13:1–9, 18–23; Luke 14:25–35; and John 6:60–71)

God's promises \rightarrow His timing \rightarrow never wrong (Ex. 12:40–41)

The exodus \rightarrow 480 years before the 4th year of Solomon's reign 966 BC \rightarrow (1 Kings 6:1) \rightarrow 1446 BC

Genesis 15:13; Acts 7:6 \rightarrow

The prophets point to the exodus \rightarrow (Jer. 2:1–8; Hos. 11:1; Jer. 16:14; 23:7-8) \rightarrow Isaiah \rightarrow (Isa. 11:15; 43:14–21; 51:9–11; Is. 11:16; 19:23; 35:8; 62:10)

IV. PASSOVER AND THE FIRSTBORN (Ex. 13:1–16)

The significance of the firstborn in Israel \rightarrow

Passover \rightarrow Hebrews reminded of God's grace and power \rightarrow (Ex. 12:12-13)

They were sanctified →

This ordinance of redemption \rightarrow (Lev. 12; Num. 18:14–19)

The firstborn of a lamb \rightarrow

Parents would bring their firstborn sons to the Lord \rightarrow and offer the appropriate sacrifice (Lev. 12:6–8).

Mary and Joseph came to redeem the Redeemer \rightarrow (Luke 2:21-24) \rightarrow

V. PASSOVER AND MOSES (HEB. 11:27–29)

Hebrews 11 \rightarrow Moses \rightarrow faith in the living God \rightarrow

Passover and the exodus → memorials to the power of faith

Hebrews 11:27 \rightarrow Exodus 10:28–29 \rightarrow

Moses believed God's promises →

Faith → we rely on God and obey His Word →

By faith → Moses kept the Passover →

It was faith → in God's word → brought Moses back to Egypt →

It was faith → took him out of Egypt →

It was faith → crossed the Red Sea →

No matter what our circumstances may be \rightarrow we can trust God to bring us out and take us through.

Jesus established the Lord's Supper \rightarrow the fulfillment of the Passover \rightarrow the Lamb of God \rightarrow who died for the sins of the world \rightarrow (1 Thess. 4:13–18)

GROUP DISCUSSION QUESTIONS

Session 3A

1. What did the Jews need to do with the Passover lamb in order to be saved?

How does this Passover action symbolize our own salvation?

Session 3B - Redeemed and Rejoicing

Israel's exodus → three important responsibilities: →

I. FOLLOWING THE LORD (Ex. 13:17–22)

Israel's exodus \rightarrow new beginning \rightarrow the Promised Land \rightarrow inheritance

Deut. 4:37-38

Redemption in Christ → out of bondage → into blessing

God liberates us →

- → Know ourselves better →
- → Discover our strengths and weaknesses →
- → Grow in understanding God's will and trusting His promises →

A. God plans the route for His people (Ex. 13:17–18)

 $Ps. 23:3 \rightarrow Ps. 25:4-5$

Israel's destination \rightarrow Mount Sinai \rightarrow God chose the way \rightarrow

Prov. 3:5-6

 \rightarrow God knows what He's doing \rightarrow Acts 16:6–10; 2 Cor. 2:12–13

B. God encourages His people's faith (Ex. 13:19)

 \rightarrow Joseph's brothers promised \rightarrow to take his coffin to the Promised Land \rightarrow (Gen. 50:24–25; Heb. 11:22)

Joseph knew \rightarrow God would keep His promise \rightarrow (Gen. 15:13–16)

→ He belonged in Canaan with his people (Gen. 49:29–33)

Joseph \rightarrow was bearing witness to the faithfulness of God \rightarrow (Josh. 24:32)

Israel \rightarrow a monument of stones \rightarrow to commemorate what God had done (Josh. 4) \rightarrow on Mount Ebal and Mount Gerizim \rightarrow to remind them of God's law

A heap of stones \rightarrow Achan's treachery (Josh. 7:25–26) \rightarrow

 \rightarrow "witness stone" \rightarrow a reminder of Israel's rededication after the conquest of the land (Josh. 24:24–28)

Samuel \rightarrow a stone to commemorate Israel's victory over the Philistines \rightarrow "Ebenezer \rightarrow the stone of help" (1 Sam. 7:12)

C. God goes before His people to lead the way (Ex. 13:20–22)

A pillar (column) of cloud by day \rightarrow became a pillar of fire by night

Pillar \rightarrow identified with the angel of the Lord (Ex. 14:19; 23:20–23; Neh. 9:12)

God spoke from the pillar \rightarrow (Num. 12:5–6; Deut. 31:15–16; Ps. 99:7) \rightarrow the pillar of cloud also shielded the people as they journeyed by day (Ps. 105:39)

Cloud moved \rightarrow camp moved \rightarrow cloud waited \rightarrow camp waited (Ex. 40:34–38)

The Word of God \rightarrow a light (Ps. 119:105) \rightarrow a fire (Jer. 23:29; Ex. 14:20)

The Word (Eph. 1:15–23) \rightarrow God's truth (Matt. 11:25; 1 Cor. 2:11–16)

The Spirit of God \rightarrow Spirit of Truth \rightarrow guides us (John 16:12–13)

II. TRUSTING THE LORD (Ex. 14:1–31)

Ps. 103:7; Ps. 25:14

The leadership of Moses \rightarrow key to Israel's success

A. Egypt's pursuit (Ex. 14:1–9)

Pharaoh and his officers → affect Egypt's economy →

→ God would triumph over Pharaoh → and the gods and goddesses of Egypt

B. Israel's panic (Ex. 14:10-12)

Israelites eyes on the fiery pillar \rightarrow they were walking by faith \rightarrow

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Eyes off the Lord \rightarrow looked back \rightarrow Egyptians getting nearer \rightarrow became frightened and
began to complain→
2 Cor. 5:7
        forget God's promises → imagine the worst possible scenario
The Hebrews \rightarrow sure they and their children would die in the wilderness \rightarrow
The frightened people reminded Moses \rightarrow leave them alone (Ex. 5:20–23) \rightarrow
Israel \rightarrow now in a terrible predicament \rightarrow Moses to blame \rightarrow
Unbelief \rightarrow way of erasing from our memories \rightarrow of God's great power \rightarrow
        C.
                God's power (Ex. 14:13–31)
        Moses \rightarrow man of faith \rightarrow gave several commands \rightarrow "Fear not" (14:13)
Sometimes \rightarrow fear energizes us \rightarrow try to avoid danger \rightarrow
                \rightarrow fear paralyzes us \rightarrow don't know what to do \rightarrow
\rightarrow Moses second command \rightarrow (Ex. 14:13)
By faith \rightarrow the Hebrews marched out of Egypt \rightarrow
By faith \rightarrow they would stand still \rightarrow watch God destroy the Egyptians
(Ex. 14:14)
Unbelief \rightarrow complains \rightarrow faith \rightarrow obeys \rightarrow Ps. 46:10
Ex. 14:14
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God defeated the Egyptians → without Israel's assistance

Next order from God to Moses \rightarrow "Go forward" \rightarrow "Get moving" (Ex. 14:15)

Israel facing the sea \rightarrow no problem to God \rightarrow

Moses lifted up his rod \rightarrow waters parted \rightarrow

Moses' signal \rightarrow the waters would flow back \rightarrow

Hebrews remembered → God closed the waters

They certainly didn't deserve it \rightarrow

God was keeping His promise (Ex. 3:7–8)

In future \rightarrow Hebrews measured everything by the demonstration of God's great power at the exodus \rightarrow (Ex. 14:18)

The pillar \rightarrow a wall of protection \rightarrow

The pillar \rightarrow light to Israel \rightarrow darkness to the enemy \rightarrow

Moses stretched out his hand \rightarrow powerful wind drove the sea waters back \rightarrow

Psalm 77:16–20 \rightarrow a severe rainstorm accompanied the high winds \rightarrow

Waters returned \rightarrow Egyptian soldiers drowned \rightarrow a night to remember \rightarrow

Faith in God's promises \rightarrow peace in our hearts \rightarrow Mark 4:40

Faith and fear \rightarrow can't live together in the same heart \rightarrow one will destroy the other.

True faith \rightarrow depends on what God says \rightarrow not on what we see or how we feel.

- → Faith → not believing in spite of evidence →
- → Faith → obeying in spite of consequence →

Future psalmists \rightarrow extol the Lord for His mighty works at the Red Sea (Ps. 66; 78; 80—81; 105—106; 136)

The prophets \rightarrow use the exodus to encourage the Hebrew exiles after Babylonian captivity (Isa. 43:1–7; 52:11–12; 55:12–13; Jer. 16:14–15; 23:7–8)

→ Motivate backslidden nation to return to the Lord (Jer. 2:2-3; Ezek. 20; Hos. 2:14-23; Amos 3; Mic. 6:3-4)

D. Moses' position (Ex. 14:31; 1 Cor. 10:1-2)

Paul \rightarrow Israel's march through the sea \rightarrow a "baptism" \rightarrow Israel "immersed" \rightarrow

Ex. 14:31

Through this "baptism" → Israel identified with Moses →

The miracle of the exodus \rightarrow part of Israel's confession of faith (Deut. 26:1-11)

III. PRAISING THE LORD (Ex. 15:1–21)

→ the people of Israel → burst into song and praised the Lord

Maturity \rightarrow for God's people to have a "song in the night" (Job 35:10; Ps. 42:8; Matt. 26:30; Acts 16:25) \rightarrow

This hymn of praise has four stanzas →

A. God's victory is announced (Ex. 15:1–5)

The Lord \rightarrow mentioned ten times \rightarrow true worship involves faithful witness to who God is \rightarrow what He has done

God's glorious victory →

The Egyptian army \rightarrow (Ex. 15:1, 4) \rightarrow (Ex. 15:5) \rightarrow (Ex. 15:10) \rightarrow (Ex. 15:7)

 \rightarrow "The LORD is a man of war" \rightarrow (Ex. 15:3) \rightarrow .

Moses promised → "The LORD shall fight for you" (Ex. 14:14; Deut. 1:30) →

One of God's names → "Yahweh-Sabaoth" → "Lord of hosts, Lord of armies" → 285 times in Old Testament

Isa. 42:13

Jesus Christ \rightarrow the Lamb who died for our sins \rightarrow the Lion who judges sin (Rev. 5:5–6) \rightarrow one day He will conquer His enemies (Rev. 19:11)

 \rightarrow "God is love" (1 John 4:8, 16) \rightarrow "God is light" (1 John 1:5)

On three special occasions \rightarrow the Hebrews sing \rightarrow Ex. 15:2

- → God delivered Israel from Egypt →
- \rightarrow The Hebrew remnant laid the foundation of the second temple (Ps. 118:14) \rightarrow
- → The Hebrews re-gathered / return to their land to enjoy the blessings of the kingdom (Isa. 12:2)

B. God's weapons are described (Ex. 15:6–10)

"The Lord is a man of war" → doesn't fight with conventional weapons

- \rightarrow His right hand \rightarrow is glorious in power \rightarrow
- → His majesty → throws His opponents down →
- \rightarrow His anger \rightarrow consumes them like fire eats up stubble \rightarrow
- → The breath from His nostrils → the wind that blew back the waters

C. God's character is extolled (Ex. 15:11–16a)

→ The Lord proved Himself greater than the gods and goddesses of Egypt

Ex. 15:11; Mic. 7:18

nobody \rightarrow no other being in the universe is \rightarrow "majestic in holiness, awesome in glory, working wonders" \rightarrow Ex. 15:11

This section goes on to praise God →

- \rightarrow For His power (Ex. 15:12) \rightarrow
- → His mercy to deliver →
- \rightarrow His wisdom to guide (Ex. 15:13) \rightarrow
- \rightarrow The awesomeness of His person \rightarrow brings fear to the hearts of His enemies (Ex. 15:14)
- → Ex. 15:14–16a

People of Jericho \rightarrow paralyzed with fear \rightarrow (Josh. 2:8-13, 24; Num. 22:3; Ps. 114)

D. God's promises are fulfilled (Ex. 15:16b–18)

God purchased Israel → they are His people

God brought them out of Egypt \rightarrow that He might bring them into Canaan (Ps. 44:2; 80:8, 15; Isa. 5)

God would put His sanctuary among His people → dwell with them in glory

"The LORD shall reign forever and ever" (Ex. 15:18) →

Ex 15:19 → impression Pharaoh accompanied his army →

Pharaoh \rightarrow on the scene (Ex. 14:6) \rightarrow wasn't leading the army

 \rightarrow Moses \rightarrow led the men in the singing of this anthem of praise (Ex. 15:1) \rightarrow \rightarrow Miriam formed a special choir of Hebrew women \rightarrow (1 Sam. 18:6)

Miriam \rightarrow "the prophetess" \rightarrow (Num. 12:1–2)

The end of the story \rightarrow the nation's singing \rightarrow soon turned into complaining

"They soon forgot his works; they waited not for his counsel: but lusted exceedingly in the wilderness, and tempted God in the desert" (Ex. 15:13–14).

GROUP DISCUSSION QUESTIONS

Session 3B

1. Charles Kingsley said, "There are two freedoms—the false, where a man is free to do what he likes; and the true, where a man is free to do what he ought." Why is the first of these false and the other true?

2. "True worship involves faithful witness to who God is and what He has done for His people." How does the praise hymn after the Red Sea crossing express true worship (Ex. 15:1–21)?

QUESTIONS FOR REFLECTION THIS WEEK

Questions to consider on your own, during the week:

Session 3A Exodus 11:1-13:16

- 1. What are some reasons people sometimes give for questioning God's goodness?
- 2. What or whom does the Passover lamb picture? How does the Bible show us this?
- 3. What did the Jews need to do with the Passover lamb in order to be saved? How does this Passover action symbolize our own salvation?
- 4. What is the spiritual significance of each aspect of the Passover meal: roasted lamb, unleavened bread, and bitter herbs?
- 5. What is the yeast an image of?
 What other Scripture passages use yeast as an example?
- 6. Which of the symbols in the Passover are most meaningful to you? Why those?
- 7. How are the Passover meal and the Lord's Supper similar?
- 8. What might distinguish a true child of God from one of the "mixed multitude"?
- 9. Wiersbe says, "Faith simply means that we rely on God and obey His Word, regardless of feelings, circumstances, or consequences."
 How did Moses exercise this kind of faith in the Lord? How can you?

Session 3B Exodus 13:17-15:21

1.	How would things be different in our society if people pursued true freedom instead of the false kind?
2.	What were Israel's three important responsibilities after they were set free? Which of these is a challenge for you, and why?
3.	The Israelites were saved from bondage in Egypt to freedom in the Promised Land. What are you saved from, and what are you saved to?
4.	How did God visibly guide the Israelites to the Red Sea? How does God guide believers today?
5.	When did the Israelites become frightened and begin to complain? What did they forget?
6.	What works of the Lord have you heard of or seen that will help you to believe and trust in God in times of trial?
7.	Why, in view of the Israelites' complaining and lack of faith, did God perform the miracles of the exodus?
8.	"True faith depends on what God says, not on what we see or how we feel." What makes this challenging for us?