

TUESDAY, JULY 14



3RD-6TH GRADE



Knights of North Castle BREASTPLATE of JUSTICE

BANNER VERSE

Be strong in the Lord and in the strength of his power. Ephesians 6:10 (NRSV)

CASTLE CALL-OUT

Armor Up with Justice!

BIBLE STORY

David Defeats Goliath (1 Samuel 17:1-50a)

Goliath's people, the Philistines, were the enemies of David's people, the Israelites. At that time (around 1020 BCE), it was common for opposing armies to choose representatives to fight in hand-to-hand combat. A win for either army's representative counted as a win for the whole nation. The problem for Israel in this story was that no one— not even King Saul—was brave enough to face Goliath. David was not a soldier, but a shepherd, and he was a passionate follower of God. When he witnessed the injustice of Goliath's words and treatment of the people of Israel, David volunteered as Israel's representative. David swung his sling and launched a stone into the air. It hit Goliath right on the forehead and he fell to the ground, defeated.

We need to know TRUTH before we can know JUSTICE. Justice is a reward or a punishment for something we have done. God is JUST!

RIDDLE 2:

If the Breastplate of Justice is what you seek, look for five pebbles in a creek.



ANSWER:
A boy named David defeats Goliath with 5 stones.

Queen Candi's DAILY DECREE:

Our 2nd day in search of the King's Armor will lead us to the Breastplate of Justice. Making right and good choices.

North Castle Welcome

Royal Musicians- "Knights of North Castle"

Armorer John and Sparky

Royal Musicians- "Hey! Hey, Goliath"

The Royal Players & The King's Book -
David Defeats Goliath

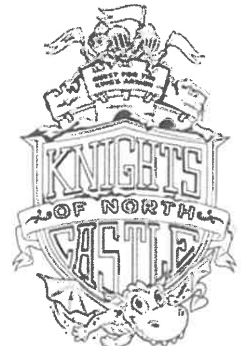
Craft Corner - "Knight's Mask" 3 yrs. - Kinder
"Mosaic Castle Scene" 1st - 6th

Assembly Trivia

Royal Musicians- "Giants in the Land"
"Be Strong in the Lord"

The Round Table- "Mini Pop-Tarts"
(Your Breastplate of Justice)

Be Strong in the Lord - Trust in Him for Justice!



Cokesbury Craft

Mosaic Castle Scene

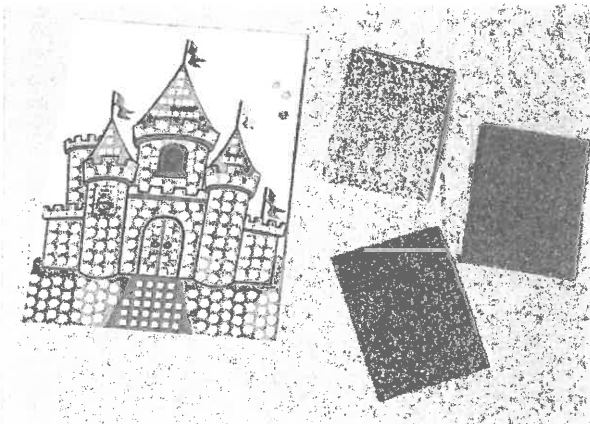
Purpose

Knights will create a fun castle craft to help them to remember their time at Knights of North Castle VBS.

Preparation

Cover each table with a tablecloth. Set out supplies. Write Knights' names on the back of the crafts.

Directions



Step 1: Knights peel off the color dots and jewels of their choice to complete the castle scene.



Ages

Appropriate for school-aged children.



Bible Story




David Defeats Goliath

1 Samuel 17:1-50a

Castle Callout

Armor Up with Justice!

Materials

-  plastic tablecloth
-  **Mosaic Castle Scene**
-  marker or pen to write names



REFLECTION TIME

5rd - 6th Grade

Along with these questions, your Bible Story "FUN PAGE" is included.
(Color by symbol)

1. What was the challenge Goliath made to King Saul and the Israelite Army? (Pick one person to fight me and whoever wins the fight wins the battle.)
2. Does it surprise you that King Saul and the Israelite Army were afraid to face Goliath? Why or why not?
3. What would you think if you had seen David, someone not much older than you, volunteer to face this nine-foot-tall giant?
4. How do you think King Saul and the Israelite Army felt after David's victory over Goliath?
5. How do you think the Philistines felt after David's victory?

Sometimes the challenges we face make us feel like there is no way we can meet them. To most people at the time, David's victory over Goliath probably seemed impossible. But God leveled the playing field. Only strength that comes from God made this possible.

Speaking of being strong, can you say our BANNER VERSE?

Ephesians 6:10 "Be strong in the Lord and in the strength of his power."

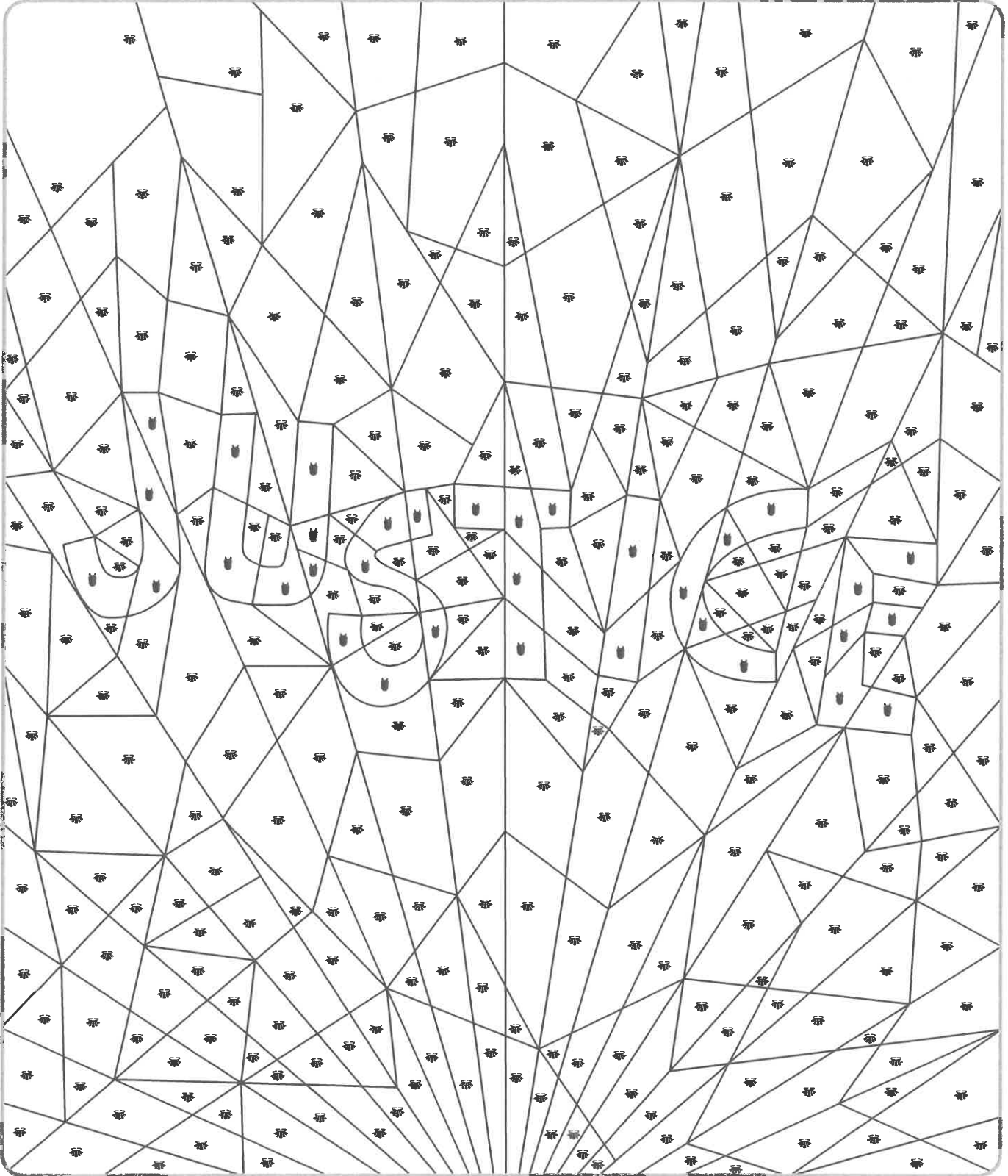
We all face challenges, obstacles, or giants in our lives. The key is to remember we are never really alone in them.

Castle Callout



Armor Up with Justice!

Use the symbol key below to color the picture and find the word left out of the next statement:
God's strength helps us face our giants and fight for _____!





CARDINAL
Knights in
Training!

You'll find
OPTIONAL
ACTIVITIES
to do
TODAY

Summer Adventure FUN at HOME!

**OPTIONAL
TUESDAY, JULY 14**



3RD-6TH GRADE

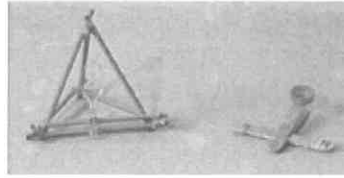
Catapults!

I. Preparation

Build two to three catapult models ahead of time to give Knights ideas to work from. Use the pictures provided here or search online for suggestions.

II. Introduction

Say Something Like: **God helped David have the faith to fight Goliath and win. North Castle also needs protection. Let's build catapults to protect it!**



Ask: (show materials) **What are these materials usually used for?**

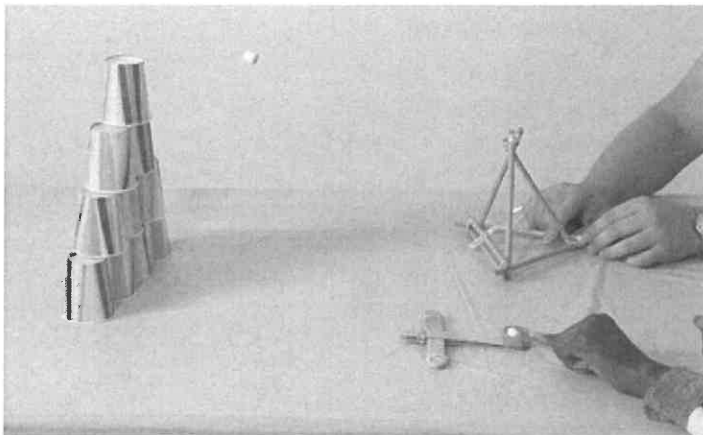
Ask: **How could we build a catapult from these items?**

III. Experiment

Step 1. Allow Knights to select materials and create their own catapults. The design should include something to function as the "bucket" for their marshmallow or paper wad (such as the bowl of a spoon or plastic cap), a throwing arm, and a base. If Knights are struggling to keep their catapult upright, suggest adding weight to the base to counterbalance the bucket. Alternatively, they can tape the base to the table.

Step 2. Build a pyramid with the small paper cups. Allow Knights to test their catapults. Which ones are successful at knocking over the cups?

Step 3. Bring Knights back together to discuss results. What did successful catapults have in common? Unsuccessful ones? What did you learn from watching other catapult tests?



Bible Story

David Defeats Goliath













1 Samuel 17:1-50a

Castle Callout

Armor Up with Justice!

Materials

(can include)

-  wooden craft sticks
-  cardboard boxes
-  plastic spoons
-  plastic bottles
-  plastic bottle caps
-  tape
-  glue
-  rubber bands
-  clothespins
-  bathroom-sized paper cups
-  marshmallows or small paper wads
-  pencils

Safety Tips

Knights should wear safety goggles.

IV. Side Quest

Provide paper cups or another target for Knights to test their creations.

V. How does it work?

Catapults are based on a simple machine called a lever. A lever uses a long arm connected to a fixed point (called the fulcrum) to change how a force acts on an object. In this case, the handle of the spoon or a craft stick is the arm and the fulcrum is located where the stick meets the base of the catapult. You press down on the catapult, but it releases the force going up. The lever also multiplies the force—the marshmallow is released with more force than you used to push down the arm of the catapult.

VI. Bible Tie-in

These catapults may not actually protect our castle very well, especially if we are firing marshmallows! Fortunately, our relationship with and commitment to God and God's children will help us stand up for justice.

Make-It-And-Take-It Bible Craft

Breastplate of Justice

Purpose

Knights will create a part of the Armor of God to help them to remember their quests from VBS.

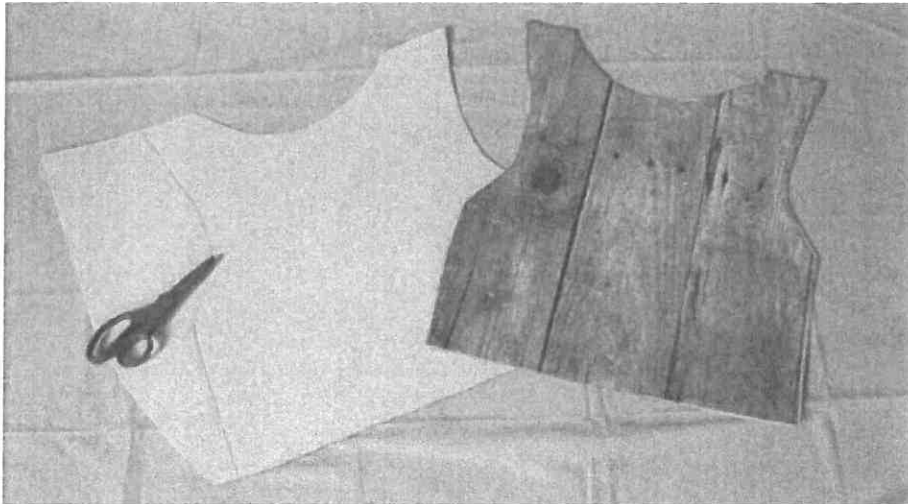
Ages

Appropriate for all ages.

Preparation

See steps below.

Directions



Leader Preparation Steps:

Gather the necessary supplies.

Make sure Knights' names are on their craft.

Use the templates to cut out the shape of breastplates. Cut poster boards in the same shape using brown paper.

Glue these items together.

Make copies of the template with the word JUSTICE on it.

Thread yarn through the holes.



Bible Story













David Defeats Goliath

1 Samuel 17:1-50a

Castle Callout

Armor Up with Justice!

Materials

-  brown paper grocery bag or brown craft paper
-  school glue
-  posterboard
-  hole punch
-  yarn
-  glue sticks
-  markers
-  glitter glue
-  scissors
-  washi tape
-  **Stay-Put Stickers** (optional)
-  **Stencils Set** (optional)
-  **Stampers Set** (optional)
-  templates (page 5)
-  dot markers (preschool only)

Teacher Tip

Brown paper in various shades can be found at dollar stores!



Step 1: Cut out the oval circle with the word JUSTICE. Knights can be creative as they cut out this shape.

Step 2: Knights decorate the letters JUSTICE and the breastplate using a variety of craft supplies.

Step 3: Glue the completed oval shape onto the breastplate. Leaders help thread the yarn through the holes.



Preschool Adaptation: In addition to the other supplies, suggest preschoolers use dot markers to decorate their craft.



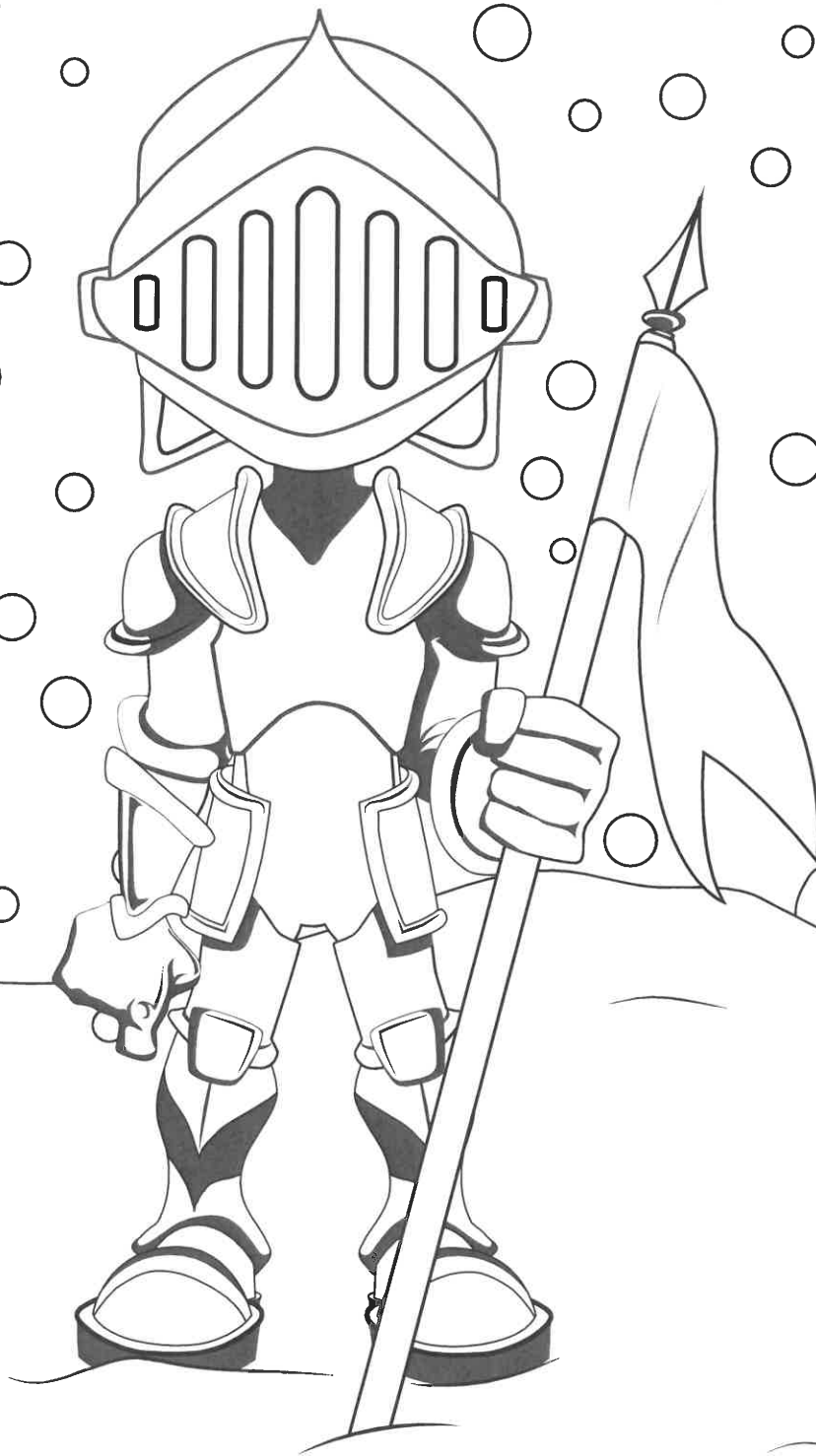
Bible Tie-In

In our Bible story we hear about a shepherd boy named David and a tall man named Goliath. In Ephesians 6 we are told that we can wear the Armor of God. It might not be real armor, but it can help us face hard things. When we stand up for justice we are wearing the Armor of God. We know that God is with us. As we create this breastplate of justice, we can wear it and have fun. Even if we don't wear it, God will always be with us, loving and caring for us. Let's say thank you to God for always being with us and for loving us.





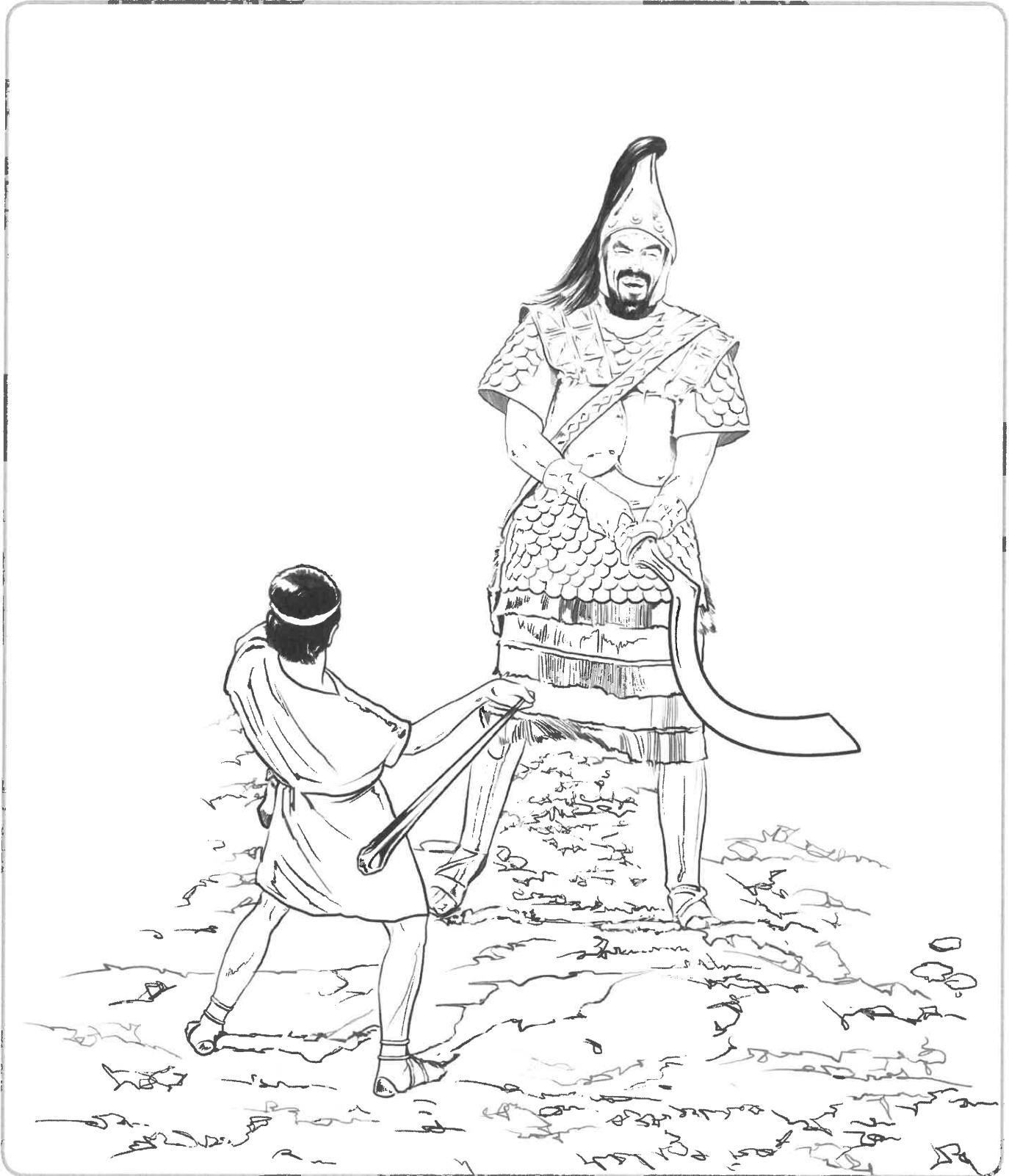
**BE STRONG IN THE LORD AND IN THE
STRENGTH OF HIS POWER! EPHESIANS 6:10**

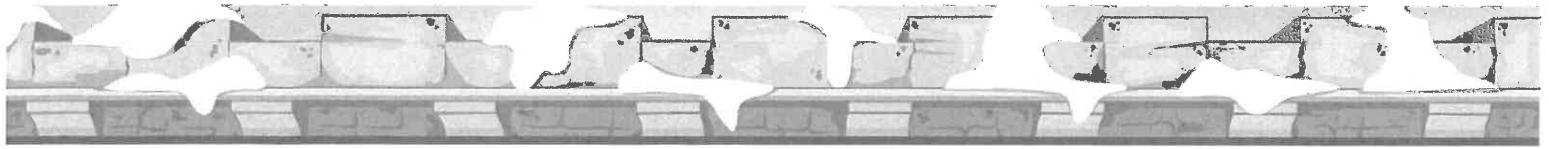




David Defeats Goliath (1 Samuel 17:1-50a)

Complete the scene by coloring and drawing the crowd of soldiers watching the fight.





Bible Story








David Defeats Goliath

1 Samuel 17:1-50a

Castle Callout

Armor Up with Justice!

Materials

-  rope, sidewalk chalk, or masking tape (to mark the center line of the play area)
-  four large, plastic bowls
-  cotton balls or colorful craft pom-poms
-  two sets of plastic toy armor breastplates
-  two pairs of ski gloves (or similar thick gloves)
-  two pairs of large, inexpensive rain boots
-  two 16 oz. plastic cups

High Intensity The Wrong Armor

Object

Knights will be reminded of the Bible story as they work together to perform a challenging task.

Preparation

Designate a play area, and divide it in the middle by using a rope, sidewalk chalk, or masking tape (like a soccer or football field). Place two large bowls at each end of the play area. Fill one bowl on each end with pom-poms or cotton balls, and leave the other bowl empty. Place one breastplate, a pair of ski gloves, a pair of large rain boots, and a cup at each end of the play area.

Let's Play!

SAY: The Knights of North Castle wear suits of armor like this one. (Hold up plastic breastplate.) To accomplish our task in this game, we'll need to wear armor, which also includes gloves and boots.

1. Divide Knights into two teams, each team starting on their own side of the play area.
2. During each round of play, teams choose one champion to represent the team.
3. The champion will put on the breastplate, ski gloves, and rain boots and pick up the cup.
4. The champion's job will be to gather up the pom-poms from their team's bowl and to put them in a plastic cup. *(This will be challenging with the ski gloves.)*

5. The champion from each team must run to the other side of the field and dump the pom-poms in the empty bowl. Repeat until all pom-poms have been moved from one bowl to the other.

6. Each champion must do the challenge without assistance from the rest of the team. The other team members should cheer on and encourage their champion during play.

7. Whichever team completes the relay first wins.

Bible Tie-in

ASK: How did it feel to be the champion? How would the task be different if you didn't have to wear the armor?

SAY: David volunteered to be the champion for Israel. Saul gave David his own armor to wear, but David couldn't move! David didn't need the armor. Why? (Allow Knights to respond.)

SAY: In the Bible, we read that righteousness is like a breastplate. David was able to represent Israel because he was filled with a sense of justice. Justice is one of the ways God works to make things right in the world!

Say a closing prayer, then repeat our Castle Callout together!

Medium Intensity

Goliath Tumbles Down

Object

Knights will be reminded of the Bible story as they knock down cardboard box “Goliaths.”

Preparation

Stack cardboard boxes several feet high to create a tall tower for each team, approximately 10-15 feet apart. Draw a picture of Goliath on each tower (e.g. his head on one box, two boxes each for arms and legs, etc.). Mark a boundary line for teams to line up behind, about 10 feet from the stacks of boxes.

Let’s Play!

Play this activity on an even surface, such as a gym floor or outdoor field.

SAY: David knocked down Goliath with a single stone. We’re going to take turns using bean bags to knock down these boxes.

1. Divide Knights into two equal teams. Instruct Knights to line up behind their team’s boundary line, facing their team’s stack of boxes.
2. Knights in each line use bean bags to try to knock down the boxes. Continue until the team has completely knocked their Goliath down.
3. Once a team has completely knocked down their Goliath, the whole team must run and rebuild their Goliath. When the Goliath has been rebuilt, the team may resume playing the game.

4. Whichever team has knocked down their Goliath the most within a two-minute span wins.

5. Repeat the game as time allows. Adjust time if necessary to ensure every Knight has an opportunity to play the game.

Bible Tie-in

ASK: What was challenging about knocking down your Goliath? How would this game have been more difficult if you were trying to knock down an actual Philistine soldier?

Responses could include the soldier’s armor, the fact that a person could have dodged the bean bag, etc.

Read 1 Samuel 17:48-50a.

SAY: David defeated Goliath with an impossible strike. But it wasn’t actually impossible—David relied on God’s strength to win.

ASK: We may not face an actual giant like David did, but God gives us strength in our lives every day. What are some ways God does this?

Say a closing prayer, then repeat our Castle Callout together!



Bible Story

David Defeats Goliath

1 Samuel 17:1-50a

Castle Callout

Armor Up with Justice!

Materials

- several large cardboard boxes (at least 5 boxes for each team)
- a bean bag for each team
- permanent marker or paint to draw a Goliath image on boxes

Teacher Tip




Place stacks of boxes far enough apart so teams don’t hit each other with bean bags while rebuilding their Goliath!



Low Intensity Banner Verse Towers

Bible Story
David Defeats Goliath
1 Samuel 17:1-50a

Castle Callout
Armor Up with Justice!

- Materials**
(one set per group)
-  15-20 clear plastic cups
 -  20 colorful jumbo craft sticks
 -  small plastic figurine

Teacher Tip
This recreation option is a STEM team building activity.

Object
Knights will be reminded of the Banner Verse as they create strong bridges.

Preparation
Make sure area is safe and ready for play. Gather the necessary supplies.

Tip! Leaders, try out this activity before VBS so you can provide suggestions and tips to help your Knights build the tallest tower.

Let's Play!
SAY: **We are going to use these supplies to create a strong, tall tower. A tower can be built using a combination of cups and jumbo craft sticks. Your goal is to make a tall tower then add the little figurine on the top.**

1. Divide Knights into groups of two to four.
2. Encourage Knights to rebuild their tower if it falls.

Bible Tie-in
SAY: **Our Banner Verse from Ephesians 6:10 says, "Be strong in the Lord and in the strength of his power." Let's repeat that verse together. Repeat.**

ASK: What does it mean to be strong in the Lord? Why was David so strong?

SAY: **David was strong in the Lord and had the strength of God to give him power to seek justice for the Israelites.**

SAY: **I wonder how we can seek justice for others. Let's name ways we can seek justice for others and be strong in the Lord!**

Say a closing prayer, then repeat our Castle Callout together!